

Living Schoolyards STUDENT ADVOCACY KIT



Let's transform paved school grounds into park like green spaces together **greenschoolyards.org**









Dear Students (and Teachers),

Have you ever been to a park or playground that really got you excited? What made it so enticing and welcoming? Were there trees and plants? Was there water? Were there things to climb on and jump off of, and places to tuck into? What if your schoolyard was like a park?

A *living* schoolyard is like a park. They are places where students of all ages can learn about their local ecosystem and community in a hands-on way. When kids play on living schoolyards they get along better, fight less, and can have fun exploring and playing in all sorts of ways from exciting and adventurous to calm and quiet, in big groups or in small pairs. Living schoolyards are good for the health of our planet and also good for human and community health and happiness.

We have exciting news to share with you! You can help change your schoolyard into a park-like space with support from your school. The **Living Schoolyards Act** is a bill (a proposal before the United States Congress) that will provide support and money to schools to redesign their schoolyards. But we need Congress to first learn about the importance of schoolyards and then pass this bill. So, we've included a **letter for you to send to your Congresspeople** (Senators and Representatives). We hope that you will make the letter your own by adding your own ideas and information to it. You can find the address of your Congresspeople here:

Senate: <u>senate.gov/senators/senators-contact.htm</u>

House: house.gov/representatives/find-your-representative

In this kit, we have shared **some examples of fun and welcoming living and green schoolyards** from across the United States and the world. In these schoolyards, you'll see different ways of playing and learning outdoors. We hope these examples will inspire your own ideas of what your schoolyard could look and feel like. We've included a "Questions to Ask" checklist for you to take to school if you're inspired to learn more. Be sure to talk with your teacher and principal about this checklist.

We hope you enjoy this kit made just for you and that you have fun dreaming about and writing down your ideas for your schoolyard. **Thank you for writing a letter to your Congresspeople and making your voice heard!**

Green Schoolyards America

greenschoolyards.org

P.S. Please share a copy of your letter with us! Email us at letters@greenschoolyards.org.



Living Schoolyards Around the United States and the World

These are examples of living schoolyards from around the United States and the world. We hope the following photos will give you a sense of what **schoolyards can look like and do for students**, as well as some examples of schoolyard transformations from mostly asphalt to green park-like spaces.

Schoolyard Transformations



These schools in the United States removed asphalt and reimagined their space with an outdoor classroom, plants, and natural materials.

Outdoor Classrooms



These outdoor classrooms provide a place to learn outside and do hands-on or messy activities.

Swings and Slides



These swings and slides use natural materials and add a bit more whimsy to your play.

Living Schoolyards Around the World and the United States

Trees, Plants, and Rocks







The trees here provide shade for students while they are outside playing and the natural materials like rocks and wood allow more creative and adventurous play.

Water and Nature-Play



The elements in these photos provide opportunities for students to work together and engage with the natural world.

Cozy Sitting Areas



The elements in these photos provide opportunities for students to hang out quietly with a friend, calm down on a difficult day, or just have some down time.

Questions to Ask About Your Schoolyard

| Do | you go outside during the school day? | Are there gardens for growing food? |
|---------------------|--|---|
| | Recess | ☐ Yes |
| | PE | □ No |
| | Lunch or snacks | |
| | Lessons: science, math, social studies, or language arts | Do you feel cared for and welcome in your schoolyard? |
| | Specials: art, music, library | ☐ Yes |
| | Other: | □ No |
| | | ☐ A little |
| ls y | our schoolyard MOSTLY covered with | |
| (ch | oose one): | What activities do you wish you could do |
| | Pavement | in your schoolyard? |
| | Grass | |
| | Rubber | |
| | Wood chips, dirt, or sand | |
| Аге | there trees in your schoolyard | |
| | that you can see from your classroom window? | What are your favorite places in the |
| | that provide shade when you're outside? | schoolyard? Why? |
| | there places in your schoolyard that too hot? | |
| | Yes | |
| | No | |
| | | What are your least favorite places in the |
| Are there places to | | schoolyard? Why? |
| | Sit alone or with a friend? | |
| | Sit with your whole class for a lesson? | |
| | Eat lunch? | |
| | Climb, run, balance, and jump? | |
| | Build and create? | |
| | the conference of the Conference | |
| | there plants on your schoolyard that can observe, touch, or smell? | |

☐ Yes ☐ No



LETTER TO CONGRESS

This is a template.

Please make a copy and make it your own!



Dear Senator/Representative _____

I am writing to tell you about the **Living Schoolyards Act (S-1538)**, introduced by Senator Martin Heinrich from New Mexico, and why schoolyards are important to kids like me. I hope you will decide to support the bill.

I am a (#) grade student at (x) school here in (city and state). Everyday I go outside to have recess on my schoolyard. It's all pavement and the only activities I can do are fast ball games. When it's hot out, which is more and more often, I get so tired and dehydrated as there are no trees for me to rest under. When I go outside to my schoolyard, I don't feel the love and care that I feel inside the school. I really wish we could have a beautiful park as our playground, with trees and other plants, a garden, or maybe some rocks or logs to hop along.

Dear Students & Parents

Please make these two paragraphs your own. Describe what your schoolyard looks like, what kids can do there, and what you wish you could do. For example: You might wish you could sit under the shade of a tree, do science experiments, art projects, reading, writing, play and build things, grow food, eat lunch—all outside in your schoolyard.

I have been learning about other schoolyards around the United States and the world and I have seen some really fun ideas. In some schools, there are ponds and forests, as well as streams and water play areas. There are big rocks to jump off of, slides along the hillsides, and swings of different types. And in one school, I saw colorful gardens and big green trees shading the schoolyard where kids play.

Seeing these other schoolyards in other states and around the world makes me think we can do something different at my school. I am really happy to learn that the Living Schoolyards Act gives schools money to plan a new schoolyard and gives students like me a chance to share our ideas. I hope you will support this bill so that my school can build a beautiful and fun place for me and my classmates to learn and play.

Sincerely,

NAME

City, State

